
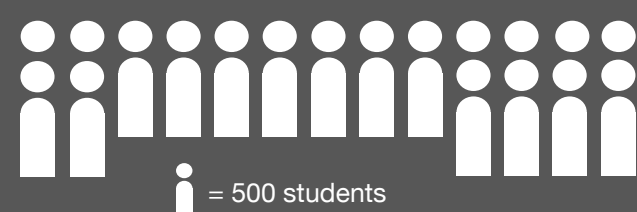
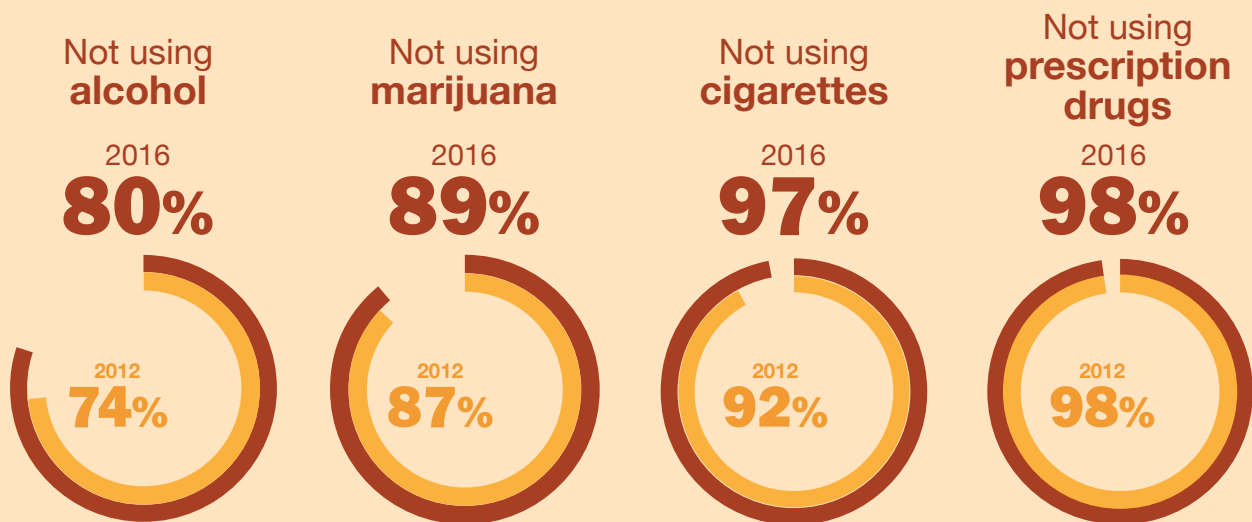


Indian River County LifeSkills Training Program

Evaluation shows significant, positive results from the LifeSkills Training program (LST). Among Indian River middle school students, LST has produced significant improvements in health knowledge, anti-drug attitudes, and life and refusal skills.

LST is in:			Since implementation in 2012:
			<p>over 9,500 students participated</p> <p>over 4,000 students completed all 3 years</p>  <p>i = 500 students</p>
<ul style="list-style-type: none"> • Sebastian Charter Jr. HS • Storm Grove MS • Oslo MS • Gifford MS • Sebastian River MS • Saint Helen Catholic School 	<ul style="list-style-type: none"> • Glendale ES • Dodgertown ES • Pelican ES • Fellsmere ES • Vero Beach ES • Alternative Center for Education 	<p>SUMMER CAMPS</p> <ul style="list-style-type: none"> • Boys and Girls Clubs of Vero Beach, Sebastian, and Fellesmere • Daisy Hope Center • Gifford Achievement Center 	

In 2016, fewer Indian River youth were using alcohol, marijuana, cigarettes or prescription drugs than in 2012.



Perception of harm and disapproval increased for all four substances